



**Central School December 2024 Newsletter**  
**Cougar Strong: Many Hands, Many Minds, Success for All!**

## Principal's Message - Mr. Wipf

What a month! We had a beautiful Remembrance Day service on November 7th. Thank you to Mrs. Caswell for organizing our students/classes and leading this service. This month provided parents/guardians and teachers with a formal opportunity to connect about student learning and behaviour. We had in-person or phone conferences for 92% of our students, Kindergarten to Grade 8! Our gymnasium was busy this month with basketball. We have a boys' and girls' team this year and they have been busy practicing for the upcoming season. Education Week was my highlight for the month! There were fun activities every day - dress up days, family activities, special projects, etc. My favorite was our first Attendance Day on November 25th. We look forward to continuing with this fun attendance incentive in the months ahead!

We enter the final month of the calendar year and winter is here to stay! As always, December will be an exceptionally busy month with concerts and performances. Our students have been working hard to learn their parts for our Pre-K to Grade 5 Christmas concerts - it's beginning to look and sound a lot like Christmas! I can't wait to see them! A special event this month is our annual SCC Family Bingo Night on Tuesday, December 3rd. There are lots of great prizes to win, so I hope all families can attend!

Let's make the last month of 2024 our best one yet!

Mr. Wipf



# December 2024

Sun

Mon


Tue

Wed

Thu

Fri

Sat

1	2 - day 6	3 - day 1 SCC Family Bingo Night @ 6:30 pm	4 - day 2	5 - day 3	6 - day 4 Festive Friday Last day to donate for Christmas basket raffle	7
8	9 - day 5 Dress rehearsal for Christmas concert @ 1pm (gr 1-3 & choir) Grade 6-8 Band Concert @ 6:30 pm	10 - day 6 Christmas concert @ 6:30 pm (gr 1-3 & choir)	11 - day 1	12 - day 2 Pre-K Christmas Concert @ 10am (morning class) @ 2pm (afternoon class) Kindergarten Christmas Concert @ 11 AM (even)	13 - day 3 Festive Friday Shelter in place emergency drill Kindergarten Christmas Concert @ 11 AM (odd)	14
15	16 - day 4	17 - day 5	18 - day 6 Dress rehearsal for Christmas concert @ 1 pm (gr 3-5 & choir)	19 - day 1 Hot Meal Day - Turkey Dinner Christmas concert @ 6:30 pm (gr 3-5 & choir)	20 - day 2 Festive Friday Monthly assembly @ 1045 AM	21
22	23	24	25	26	27	28
 <b>Christmas Break December 23 to January 6</b> 						
29	30	31				
 <b>Christmas Break December 23 to January 6</b> 						



## DATES TO REMEMBER

- **December 3** - SCC Family Bingo Night at 6:30 pm in the auditorium
- **December 6** - Last day to donate for SCC Christmas basket raffle
- **December 6** - Festive Friday - Dress in a Christmas sweater or wear red, green & white
- **December 9** - Dress rehearsal for Christmas Concert at 1:00 pm in the auditorium (1 Bakanec, 1/2 Priebe, 2/3 Easton's classrooms and choir)
- **December 9** - Band Concert at 6:30 pm in the auditorium (grades 6-8)
- **December 10** - Middle years' pizza sale
- **December 10** - Christmas Concert at 6:30 pm in the auditorium (1 Bakanec, 1/2 Priebe, 2/3 Easton's classrooms and choir)
- **December 12** - Pre-K Christmas Concert at 10 am (morning class) and 2 pm (afternoon class) in the library
- **December 12** - Kindergarten Christmas Concert at 11 am in the library (even class)
- **December 13** - Kindergarten Christmas Concert at 11 am in the library (odd class)
- **December 13** - Shelter in place emergency drill 2:00 pm
- **December 13** - Festive Friday - Dress in a Christmas sweater or wear red, green & white
- **December 18** - Dress rehearsal for Christmas Concert at 1:00 pm in the auditorium (3/4 Vaughan, 4 Harkes, 5 Turner's classrooms and choir)
- **December 19** - Hot Meal Day - Turkey Dinner
- **December 19** - Christmas Concert at 6:30 pm in the auditorium (3/4 Vaughan, 4 Harkes, 5 Turner's classrooms and choir)
- **December 20** - Festive Friday - Dress in a Christmas sweater or wear red, green & white
- **December 20** - Monthly assembly at 10:45 AM
- **December 23 to January 5** - NO SCHOOL - Christmas Break

## ***PARENT DROP OFF AND SIDEWALK SAFETY INFORMATION!***

**We want to remind families and friends that are coming to the school to drop off or pick up their child(ren) to avoid parking on the west side of Central School where there are yellow lines. This is for BUSES ONLY.**

**MESSAGE FROM OUR LOCAL RCMP: Do not make a u-turn in the middle of the street (especially before and after school) as it is a traffic violation and fines will be issued. The fine for this violation is currently at \$150.00.**

**YELLOW PAINT = NO PARKING Please be mindful of the crosswalks on the streets around the school.**





## Milk Sales

Students have the opportunity to purchase white or chocolate milk (237 mL) at lunch from the kitchen in the basement.

The cost is \$1/carton.



If you wish to purchase a milk card for your child, you can do so at any increments you would like from Mrs. Jahnke in the office.



# SCC Update



HO HO Hold on....? It can't be December already, is it?

And yet, here we are excitedly planning for the Holidays. And for us, those plans are a mix of old and new traditions. We are once again organizing some really awesome raffle prize baskets to be won at those Christmas concerts your children (and our teachers) are working so hard to get ready for. But new for our celebrations this year, we will also be raffling off a turkey AND a ham at EACH of our two concerts. Thank you to all of you within our school community who are donating items for the raffle baskets, and thank you to ABC Heritage Meats and Tom's Yards for donating the turkeys and hams.

We also want to thank everyone who has participated in our Dough to Go and Fundscrip fundraisers through October and November. Some of those \$\$\$ have already been put to good use, and the rest will be soon.

We hope that you all have a very Happy and Healthy Winter Holiday Season!!

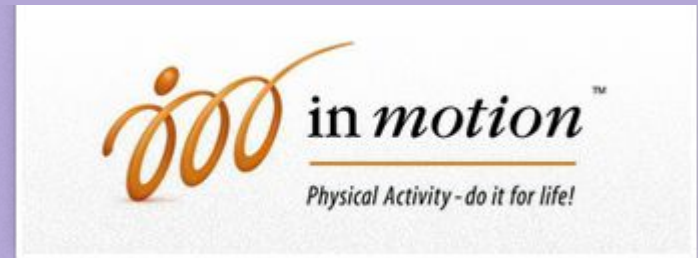
Best Wishes,  
Your Central Cougars SCC

# IN MOTION COMMOTION

This Holiday season give yourself the gift of health by focusing on your physical activity, nutrition, relaxation, water, and sleep.

Watch for the 13th annual Wellness Challenge information coming out in early January. This year's challenge will run from Jan. 20 to Feb. 16. Register as a team or individual. It is a fun and easy way to kick off 2025 making healthy choices and becoming more aware of your daily wellness routines.

In Motion Commotion - promoting healthy lifestyles in our community!



## MUSIC UPDATE

Happy December everyone!

Things are certainly busy in the auditorium these days! The kids are hard at work practicing their lines, songs, and dances for the Christmas Concerts!

Just a reminder about the dates: Grades 1 Bakanec, 1-2 Priebe, and 2-3 Easton will have their Christmas Concert, *The Great Big Holiday Bake Off*, on December 10<sup>th</sup> at 6:30 pm.

Grades 3-4 Vaughan, 4 Harkes, and 5 Turner will have their Christmas Concert, *The Nutcracker Prince*, on December 19<sup>th</sup> at 6:30 pm.

Dress rehearsals for both concerts will be held the day before the concerts at 1:00 pm in the auditorium. Family members who are unable to attend the evening performances are welcome to join us at the dress rehearsals.

I just want to send out a special thank you to the Grades 6, 7, and 8 Non-Band classes for all of their help with making the backdrops and props for the Christmas Concert. We couldn't have done it without you!

Merry Christmas!

Mrs. Caswell





# Friendly Reminder that we are a NUT SENSITIVE School:



**Please keep this in mind for lunch and snack options, as we have numerous students who have a nut allergy.**

healthy

# CONFLICT RESOLUTION TIPS



## Get Calm First

Wait until you are calm before addressing a conflict. Take some time to cool off and breathe.

## Ignore or Walk Away

This works good when dealing with something that is annoying you.



## Find a Win-Win Solution

Brainstorm a solution or make a deal where everyone feels heard and that their voices and needs matter.



## Share or Take Turns

Everyone wins!



## Use an I-Message

Say how you feel, what you hope for and how you want to be treated. For example, "I felt \_\_\_\_\_ when \_\_\_\_\_ or I would like \_\_\_\_\_, or I want \_\_\_\_\_."



## Play a Game of Chance

...like Rock, Paper Scissors or Flip a Coin.



## Do Something Else

...like play another game.



## Listen with an Open Heart

Listen to the other person without interrupting or judgment. Try to put yourself in their shoes.



## Ask for Help

Get help if you feel unsafe or have tried 2 or 3 of these strategies and still feel stuck.



## Say Words that Mean "No"

Use a strong and respectful voice to say that you are not okay with something.



## Apologize

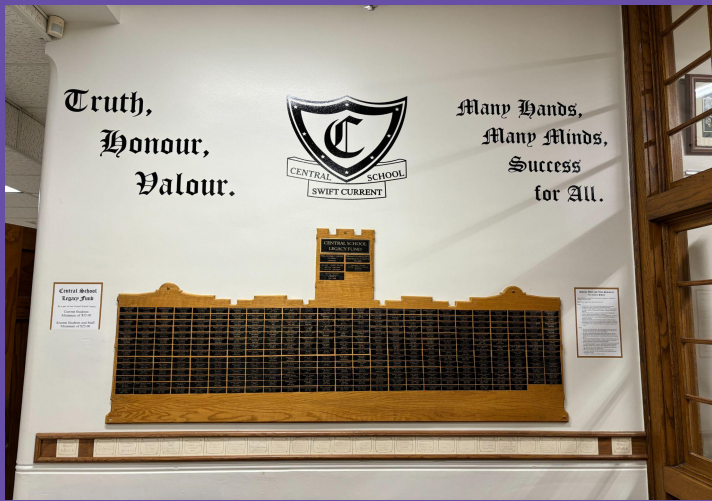
Saying you are sorry when you make a mistake helps to make repairs.



# Helpful Parenting Tips

## Kayla Myers

### Student Services Counsellor



Thank you so very much for all of our Central School Legacy Project Donations thus far!!

Our Goal is to raise **\$15,000** towards a new Sound System for our Auditorium.

## Platinum Level

The Ens Family

## Gold Level

Saskatchewan Indian  
Gaming Authority Inc.

Shoppers Drug Mart  
Swift Current

## Silver Level

## Bronze





To Sasktel and TelCare for the monetary donation of \$956.25 to be put toward the school's breakfast program!

The logo for SaskTel, featuring the word "SaskTel" in a bold, black, sans-serif font, followed by a blue graphic element consisting of five horizontal lines of varying lengths, resembling a stylized signal or flag.

To the Salvation Army for a donation of cheese, cookies, biscuits and cupcakes! Food donations are put towards the school's breakfast and life skills programs and emergency lunches!

From All of Us at  
Central School!

